

GUIDE TO DAILY CAMP ACTIVITIES

PRACTICAL FRENCH ESSENTIALS

WEEK-AT-A-GLANCE



Camp
Tournesol™

PRACTICAL FRENCH ESSENTIALS • WEEK-AT-A-GLANCE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

8:45 - DROP-OFF 	8:45 - DROP-OFF 	8:45 - DROP-OFF 	8:45 - DROP-OFF 	8:45 - DROP-OFF 
9:10 - WELCOME 	9:10 - LANGUAGE 	9:10 - LANGUAGE 	9:10 - BUS LEAVES FOR...	9:10 - FESTIVAL DAY
10:00 - LANGUAGE 	10:00 - SPORTS 	10:00 - SPORTS 		
10:50 - RECESS	10:50 - RECESS	10:50 - RECESS		
11:10 - SPORTS 	11:10 - CHANSON ET CRÉATIVITÉ 	11:10 - CHANSON ET CRÉATIVITÉ 		
12:00 - LUNCH AND RECESS 	12:00 - LUNCH AND RECESS 	12:00 - LUNCH AND RECESS 		
1:00 - CHANSON ET CRÉATIVITÉ 	1:00 - BRICOLAGE 	1:00 - BRICOLAGE 		1:00 - LES OLYMPIADES
1:50 - BRICOLAGE 	1:50 - COOPÉRATION 	1:50 - COOPÉRATION 		3:00 - GRAND JEUX 
2:40 - RECESS	2:40 - RECESS	2:40 - RECESS	3:50 - WRAP-UP	3:50 - WRAP-UP
3:00 - COOPÉRATION 	3:00 - GRAND JEU 	3:00 - GRAND JEU 	4:00 - PICK-UP 	4:00 - PICK-UP 
3:50 - WRAP-UP	3:50 - WRAP-UP	3:50 - WRAP-UP		
4:00 - PICK-UP 	4:00 - PICK-UP 	4:00 - PICK-UP 		

CAMP PROCEDURES

DROP-OFF

Counsellors will greet campers and their parents outside of the school at a specific location. For more information about drop-off procedures at your local campus, please see your parent handbook that will be emailed at the end of May. At 9:00am, counsellors will bring campers inside to the gym, to then partake in the Welcome.

WELCOME

Monday morning begins with a welcome to all campers, including introductions to all counsellors, and an overview of camp's procedure. Campers will also receive a tour of the campus, including the art room, the bathrooms, the water fountains, and the boundaries outside. Finally, campers will be taught that campus's Rally Rap to be sung throughout the rest of the week.

RECESS

Recess is 20 minutes long and happens twice during the day: once in the morning, and once in the afternoon. During recess, campers are encouraged to eat a snack, drink some water, apply sun protection and have Fun in French with their new friends!

LUNCH

Lunch time is one hour long. Campers who have ordered lunch through our meal program will receive their lunch at the beginning of the hour. Campers will eat either in classrooms or outside in the shade. Lunch is followed by free time to play games with their friends and counsellors.

GRAND JEU

We wrap up the day with a "Big Camp Game," a game that is extra fun the more people you have playing!

Sample games:

Queue de taureau: Otherwise known as "Bull's tail", this is a counsellors-vs-campers game where campers are trying to steal the tail (bandanna) from the counsellors, who are hiding in their bullpen.

Pieuvre: A camper-favourite, "Octopus" has a few campers acting as octopuses try to tag their friends, who are running to one end of the field. If you are tagged, you sit and join the game as a seaweed.

WRAP-UP

The day ends with all campers returning to the gym to partake in wrap-up procedures. Campers receive any badges they earned for great participation, leadership, or use of French for example and we award one Campeur Étoile tattoo per group. All campers then participate in our Rally Rap before gathering their belonging to leave.

PICK-UP

Campers will be brought outside by their counsellors around 4pm every day.



DAILY CAMP MODULES

LANGUAGE

MONDAYS, TUESDAYS AND WEDNESDAYS

Why we do this: During all of the games and activities at Camp Tourneval, counsellors use French as a language of instruction. For campers in the Core French and Extended French programs, it's important to set them up to succeed by designating a structured time in the morning where key French language tools are reviewed, that will be used throughout the day.

How this supports French: Where possible, campers of similar language levels and ages are grouped together. While all groups will be focusing on similar themes, the instruction and activities are modified based on their second language ability. By growing from their current language level and strengthening the foundation of knowledge around important themes (for example, sports), the campers will develop their French skills necessary for success at camp.



SAMPLE LANGUAGE THEMES AND ACTIVITIES

Self Introduction: Camper review how to introduce themselves and questions to ask when making new friends. They then go around and see what everyone has in common with one another!

Food Pyramid: Campers are given three different foods that go together, and they have to guess what those clues make!

Sports: Campers review and learn sports vocabulary, then compete in an around the world competition to put that vocabulary into play.



SPORTS

MONDAYS, TUESDAYS AND WEDNESDAYS

Why we do this: This promotes active living, which is critical to us and to the children's health. Often campers bring in new ideas, encouraging campers to open up and contribute to their camp experience.

How this supports French: French development is promoted as active listening skills are needed to understand the game. Campers develop their vocabulary specific to the human body (for example, no tagging people above the shoulders or below the hips), sports, and sport equipment.

SAMPLE SPORTS ACTIVITIES

Capture le drapeau: Capture the Flag, this sport requires teams to work together to capture the flag of the opposing team.

Everybody's It Tag: In this alternative version of tag, no one is out for too long!



CHANSON ET CRÉATIVITÉ

MONDAYS, TUESDAYS AND WEDNESDAYS

Click
here to
see some
samples

Each week, during the Créativité module, campers will practice a new song with the purpose of developing new vocabulary and strengthening through repetition already learned vocabulary.

Why we do this: Although vocabulary was explicitly taught during the Language module, this offers a musical way of remembering words through actions and repetition! Campers then present their song at the end of the week, boosting their confidence and encouraging more teamwork and leadership skills. It provides campers with an opportunity to perform in front of their peers, developing their presentation skills and self-confidence.

How this supports French: The songs introduced to campers offer another platform for reinforcing their new French vocabulary, by repeating the words and phrases in a song with actions.

BRICOLAGE (ARTS AND CRAFTS)

MONDAYS, TUESDAYS AND WEDNESDAYS

Why we do this: This module offers a period of down-time for campers, introducing arts and craft activities and hands-on work. It also gives campers the chance to create! Something they can proudly show off at home.

How this supports French: During this period, campers listen actively in French, and follow the directions in French to complete the craft. It also develops their vocabulary specific to arts and crafts materials, new verbs (e.g. folding, tracing) used in the craft, and instructions (e.g. First do this, then do this).

SAMPLE BRICOLAGE ACTIVITIES

T-Shirt decorating: The first day of camp all campers will receive a Camp TourneSol t-shirt to decorate with fabric markers and fabric paint! These t-shirts will be worn Thursday when we go to the splash pad. Please dress accordingly!

Dream catchers: Using a paper plate, thread, beads and other decorations, campers made a dream catcher.



Click
here to
see some
samples

COOPÉRATION (COOPERATION)

MONDAYS, TUESDAYS AND WEDNESDAYS

Why we do this: Developing team building and life skills amongst the campers connects team members together to learn about one another and know they can have fun together. It focuses on building everyone's teamwork abilities and leadership skills.

How this supports French: Games are developed specifically to encourage children to talk to one another in French, discuss strategies, and plan together to solve problems. Campers need to communicate to be successful, and often forget that they're speaking in French!

SAMPLE COOPERATION ACTIVITIES

Le Labyrinthe: We start out with a blank grid drawn on the floor. The campers need to navigate a route in this invisible maze, as called out by the counsellor, one at a time, with the team helping the camper trying to escape.

Le noeud humain: Also known as the Human Knot, campers join hands resulting in a human knot that they must untangle together.



SPECIAL EVENT DAYS

THURSDAY

[Click here to check out which splash pad your child will go to!](#)

[Click here to check out how much fun splash pad days are!](#)

SPLASH PAD DAY!

On Thursdays the entire campus goes on a highly-anticipated, fun-filled excursion to a local splash pad! The day typically includes a nature hike and interpretation, fun on the playground, camp games and sports, as well as splashing in the splash pad. For more information, visit campt.ca. The splash pad your child will go to varies by campus and by week. For more information, visit our [Locations](#) page at campt.ca.

[Click here for group games video](#)

[Click here for fun moments video](#)

[Click here for face painting video](#)

FRIDAY

Festival Day

Fridays are our festival days! The day begins with singing, practiced during the Song Time portion of their day. The afternoon is filled with obstacle courses, special games. Campers make friendship bracelets to remember their fun time with friends at dancing, and of course face painting! This is followed by campers singing a song they've practiced during the Song Time portion of their day. The afternoon is filled with obstacle courses and special games. No week is complete until campers make friendship bracelets to remember their fun time with friends at camp and receive the highly-anticipated freezies! For more information, visit campt.ca.